



AVOCADO EGG SALAD

SUBMITTED BY: MARITA MCDANIEL

Ingredients:

1 avocado

2 hard boiled eggs

1/2 tomato

garlic scape (optional)

2 garlic cloves - minced

1 hot pepper - dried or fresh - crushed / diced

Himalayan salt and other spices to taste

Instructions:

Dice avocado, eggs, and tomato, put in a bowl. Add chopped garlic scape, garlic cloves, hot pepper, salt and other spices to taste. Add lemon juice, mustard, or mayo, if you wish. Mix and Enjoy!