



## **MONTANA SMOOTHIE**

**SUBMITTED BY: JACKIE**

### **Ingredients:**

Hand full of huckleberries from the woods near Lincoln.

Handful of flathead lake cherries

Spinach from my garden

Yogurt from the store

Milk from Kalispell Creamery

Couple of spoonfuls of Cream of the West cereal (cause I like it a little gritty!)

Blend and drink!

### **Instructions:**