



BEEF KABOBS

SUBMITTED BY: CLEMENTINE

Ingredients:

1-2 lbs beef steak or roast, cut into cubes or thin slices

Colored sweet peppers, cubed

Onion, large cut segments

Zucchini, cubed

Instructions:

On bamboo skewers alternate beef, onion, pepper and zucchini until skewer is full.

Barbecue until meat is cooked to desired doneness. (I prefer medium, which is about 5 min on each side med/high heat)