



## **GOULASH**

**SUBMITTED BY: CELESTE BRANT**

### **Ingredients:**

- 1 lb ground beef
- 1/2 head of cabbage, chopped
- 1 qt canned tomatoes
- Salt/pepper or seasonings of choice

### **Instructions:**

Brown hamburger & drain. Add chopped cabbage, canned tomatoes & seasonings (we love SPIKE seasoning!). Bring to a boil & then reduce heat to low & cook for 20 minutes. Enjoy! :)